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## The Feminar Experience

...A guided, individual experience helping women find and live out the dreams they left behind

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For many years I have interviewed scores of women about the differences in the way we see life and act upon opportunities that fulfill us with a deeper and more meaningful experience.

After 15 years of research on these topics I am ready to begin sharing the information I discovered with women across the world struggling to find sustained happiness in relationships with men.

The first of three eBooks is about to launch under the title,

**“Now that makes me mad™...about men!”**

In progress are two more eBooks titled:

**“Now that makes me mad™...about women!”**

and

**“Now that makes me mad™...in the bedroom!”**

(The print version of the last book will probably be sold in a velvet bag with gold drawstring because it will be quite revealing). These books are uniquely for women ...and men are encouraged to ‘pass these up’ as the concepts are singularly intended for feminine use only.

(Note: If you want to be placed on a pre-order list for these eBooks through this website, then send me a note on the contact page with all of your information and when each eBook is ready to be purchased I will send out an email to all of those who want to be notified. You will be the first in the nation to have access to each eBook in this series and other events we have planned uniquely for you ladies.)

### Background of The Feminar Experience

As much as social psychologists try to convince us that men and women are really alike in most ways the truth is...that’s a lie. We are different in some very wonderful ways but often in ways that cause us to have great difficulty understanding each other.

One of the major ways that women are different from men (other than the obvious genital hardware...or software as it might also be called) is this: Often when a woman has experienced a breakup in the relationship, she is genuinely interested in 'what went wrong,' 'was there anything I could have done to have salvaged the relationship,' or 'what did I learn from the breakup that can make me better at the next one?' They, as a rule, really care about the problem that resulted in the failed attempt at deeper bonding with what used to be her man."

It sounds strange to say, since women have been accused of being primarily emotional in their relationship responses, in this setting...they are, as a group, often quite analytical about it. And, as a man, I can say that most of the time we just say 'where's the next woman,' and after collecting a list of failures in relationships he marvels at the coincidence that all of these women have the same problem. As one woman told me during an interview for the book, 'There's nothing wrong with their pecker's...it's their pickers. As hard as it is to admit the truth...I think she may have hit the nail on the head about us.

## Observation

One of the most significant characteristics women have encoded down to the smallest piece of their DNA is this: Women are primarily givers.

In a family quite often you will find that a woman is working a full time job but hit's the door at night, having picked up the children from the daycare and school; is the leader of the Scout Troup; works out at the gym to keep her body in shape; is balancing an overfilled bag of groceries she picked up, does more than her share of dirty clothes and dishes after cooking a meal that, unsurprisingly, very few at the table appreciates or even finishes; willingly submits to quick but unfulfilling sex with a husband who long ago has forgotten the secrets of passion, courtship or even foreplay just before passing out following his fulfillment...within about 1 minute.

The woman is left there staring at the ceiling in an 'awe of un-fulfillment....again.' After a quick cleanup, her emotional engine will still be running a little faster after the encounter, so she goes into the living room and picks up that dog-eared romance novel neatly tucked under the loveseat to vicariously enjoy the mental stimulation of 'real book sex'... happening to someone else.

And then, this is what is most interesting of all: she will actually feel overcome with a profound feeling of guilt for having taken this time for

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herself... pleasuring herself with a book containing a story she would beg to have happen in her life...at least once in 30 years of marriage.

Is there any wonder why women loved the movie Bridges of Madison County while men fell asleep about half way through.

Passion and fulfillment of our dreams is, for many, the figurative 'whip cream on the shortcake.' When the truth be known, many women would be thankful for just a little shortcake and can dream about the whip cream and the strawberries.

### **The emotional dreams of a woman begins back in childhood**

As a little girl she was very observant but often not outspoken about the flurry of dreams that washed over her budding emotional fabric. Girls subliminally begin filling that emotional 'hope chest' early in life often gathering and hiding her dreams that will become vital to emotional happiness much later in life. With each of the dreams she welcomes into the underpinnings of development and bonds an emotional value to the dream. Each dream, whether large or small becomes something that she wants to experience...someday. Then she unknowingly tucks the dream neatly away in her heart, praying that at some future time, she would feel the released, pulsating passion that the dream possessed.

What I have found is that many women survive quite well on the emotional energy of the accumulated dreams under the unspoken expectation that one day the dream will become real...and experienced.

### **Life events have a way of neutralizing the energy of dreams**

One of the sad realities I have discovered over these 15 years of research on this subject is this: Life events have a way of robbing women of the energy that comes from their hidden dreams.

Over and over what I have observed is that a women, bubbling with excitement about the future, willing to forge the often dangerous, waters of relationships begin accepting less than their full potential in life. Some of them actually have said to me, "This is as good as it gets."

History is replete with women who accept an abusive or physically violent husband and refuse to accept that this relationship is not about love...it's about power and control. And, that is a hell that seems inescapable. They

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try time and again to leave the abuser only to return and find that the intensity of the abuse has reached a new height. And, if there children in the household, they see the abuse/victim interaction and the mere observation of this becomes the blueprint for those same actions to happen in their relationships.

**The great tragedy is this: Women leave behind their dreams and think it is necessary for survival.**

Sometimes life can deal some pretty devastating blows but many of us have the resiliency to take the unexpected and keep on moving forward. But when the really big blow happens...death of a spouse, death of a child, disability, divorce....quite often the woman who really wants sustained happiness in her life will unknowingly tell herself, "I'll never get to fulfill this dream." And, believing her own words and feelings will reach into her heart remove one of the dreams she had wrapped in a chocolate colored box with pink ribbons...and she will set that dream down on her life path and leave it behind.

This is the problem. Her heart has emotionally become dependent on the energy from her deepest dreams. The heart has figuratively grown around the boxes with the dreams and when a box is left behind there is left a space in the heart...an emptiness. I believe the emptiness effects our happiness and our fulfillment efforts in life.

**The Bottom Line is this: We have to go back and find the boxes we've left behind**

The Feminar Experience is a one on one journey with me as your guide. Together we'll find the boxes of dreams you left behind during your life journey. Who knows, quite often we find boxes of dreams that you didn't even know you left.

Nobody else knows about your dreams and certainly nobody else other than you can go find them and revisit the energy of those dreams and, if the time is right, act on those dreams that meant so much when they were born.

So, this experience is probably like nothing you have ever done. It's not psychotherapy and it's not counseling. What it is a you and a coach taking a walk to find lost friends that may mean a lot.

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Some have asked, “Do you read all of our responses to the questions?” With the Feminar Experience growing quickly, reading all of the answers would be very difficult. The important thing is not that I read the answers...it’s that you explore the thoughts and memories stirred by the questions and respond to those thoughts and memories by pouring your deepest thoughts and visions into the answering of the questions.

## **Fair warning**

If you are committed to becoming a more complete person then this process will help you identify some vital information about your dreams. Don’t be surprised that involvement in the Feminar Experience basic, intermediate, and advanced segments will take significant effort and time. But out of the time and effort you put into the inward search, I believe you will find some important pieces of your life puzzle. And when you find them you just might find that you feel more complete realizing that life uses your past to grow. It uses the present to enrich. And, it prepares you for a future where challenges will arise, for sure. A more complete woman will have more tools to handle the challenges and make better choices in her life.

Won’t you join me on this exciting journey?

Dr. Keith A. Robinson  
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